

# Punahou Relays - Finals

Saturday, April 25, 2009

Punahou School

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	9:10 AM	9:20 AM	9:30 AM
	Girls	10:10 AM	10:20 AM	10:30 AM
Long Jump	Girls	9:10 AM	9:20 AM	9:30 AM
	Boys	10:10 AM	10:20 AM	10:30 AM
High Jump	Girls	10:40 AM	10:50 AM	11:00 AM
	Boys	11:55 AM	12:05 PM	12:15 PM
Pole Vault	Girls	#VALUE!	#VALUE!	9:30 AM *
	Boys	10:55 AM	11:05 AM	11:15 AM
Shot Put	Boys	10:40 AM	10:50 AM	11:00 AM
	Girls	11:40 AM	11:50 AM	12:00 PM
Triple Jump	Girls	11:10 AM	11:20 AM	11:30 AM
	Boys	12:10 PM	12:20 PM	12:30 PM

\* Be wary of Boys Discus event

**Opening Ceremonies 10:00 AM**

Running Events	Order	1st Call	Last Call	Event Start
400m Shuttle Hurdles	Girls	9:50 AM	10:00 AM	10:10 AM
440m Shuttle Hurdles	Boys	9:55 AM	10:05 AM	10:15 AM
4 x 200m Relay	Girls	10:05 AM	10:15 AM	10:25 AM
4 x 200m Relay	Boys	10:10 AM	10:20 AM	10:30 AM
Distance Medley Relay	Girls	10:15 AM	10:25 AM	10:35 AM
Distance Medley Relay	Boys	10:35 AM	10:45 AM	10:55 AM
Power Relay - Finals	Special Event	10:55 AM	11:05 AM	11:15 AM
Sprint Medley	Girls	11:10 AM	11:20 AM	11:30 AM
Sprint Medley	Boys	11:25 AM	11:35 AM	11:45 AM
720yd Shuttle Hurdles	Girls	11:45 AM	11:55 AM	12:05 PM
720yd Shuttle Hurdles	Boys	11:50 AM	12:00 PM	12:10 PM
4 x 800m Relay	Girls	12:05 PM	12:15 PM	12:25 PM
4 x 800m Relay	Boys	12:20 PM	12:30 PM	12:40 PM
4 x 100m Relay	Girls	12:35 PM	12:45 PM	12:55 PM
4 x 100m Relay	Boys	12:40 PM	12:50 PM	1:00 PM
Hawaii's Fastest Human		12:50 PM	1:00 PM	1:10 PM
4 x 400m Relay	Girls	1:00 PM	1:10 PM	1:20 PM
4 x 400m Relay	Boys	1:10 PM	1:20 PM	1:30 PM

**Awards Ceremony -- Outstanding Performers**

**1:45 PM**